



The Alchemist's Heir

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About the book

Tom is a fifteen year old boy who has been bullied at school and is having self-esteem issues. His parents send him to live with his grandpa for the summer. Grandpa is both an enigma and a trail blazer. He rides a restored Indian Chief, practices Reiki, self-hypnosis, and conducts Tesla-like experiments for fun. Grandpa's two best friends are Siddhartha and Quan Yin...his Tibetan Mastiffs. He teaches Tom to see problems from a new perspective. Once Tom becomes open-minded, Grandpa teaches him how to program his mind for the greater good. Although challenged, Tom masters these challenges and realizes the need to carry this message to others.

The Alchemist's Heir introduces various spiritual, philosophical and mental practices that would take years to discover. It blends the practices of self-hypnosis, Reiki, Silva Method, guided imagery, and theories from humanistic and trans-personal psychology. Although the narrative is built around bullying, the lessons herein can be used throughout a lifetime.

The book is meant to be a primer for those getting onto the metaphysical highway by introducing subjects and authors who are at the leading edge of human potential dynamics. Direct or implied inference is made to the following thought leaders:

C G Jung	B F Skinner	Emil Coué	E Swedenborg
Jose Silva	Richard Bach	Robert Monroe	Nicola Tesla
Thomas Edison	Ram Dass	Columbus	Manly P. Hall
Raymond Moody	George Carlin		

The tone and voice is easily accessible but the messages and references herein are a treasure map for a lifetime of discovery. The story closes with a list of suggested readings that include trans-personal psychology, classic literature, comparative religions, mental mastery and mind-body work.

When I wrote this book, the reader I had in mind was one moving from concrete to abstract operational thinking, was searching for ideas not found in main stream media or traditional education, and was beginning to realize that what goes on behind the curtain can be more interesting than what is on the stage.

For teachers, I offer a study guide which includes a list of suggested readings by chapter, assignment questions, and a brief narrative on why I selected the resources I did so to inspire a broader conversation.